Dear Parents,

Our goal is to promote a community of health and wellness at Cowlishaw Elementary School. We would like to take this opportunity to remind you of the district practices that are in place to maximize the health of our students and staff.

1) If your child is running a fever of one hundred (100) degrees or greater, please keep your child at home until the temperature has been less than one hundred (100) degrees for twenty-four (24) hours, without the use of fever-reducing medications.

2) If your child is experiencing vomiting or diarrhea, please keep your child at home until these concerns have been resolved for twenty-four (24) hours, and your child is tolerating food.

3) Colds and respiratory viruses are common during the school year. If your child is coughing continuously or has green-colored nasal secretions, you may wish to consult with your medical provider and follow his/her directions.

4) If your child is diagnosed with a contagious illness such as strep throat, measles, chicken pox, or pertussis, please notify the school as soon as possible.

5) As a reminder, frequent hand washing with soap and water is the primary way to prevent the spread of illness.

Thank you for your cooperation in helping us to promote a healthy, happy school environment.

Sincerely,

Patti Mathison RN/BSN
Registered Nurse

Ken Bonomo, Principal
630-428-6100

630-428-6105

Every Child. One Voice

PROUDLY BROUGHT TO YOU BY THE PTA!
Welcome to 2014!

We would like to take a moment to thank everyone who has contributed, volunteered, supported our PTA events and programs. We hope you continue to do so and help spread the word to the Cowlishaw community in 2014. We would like to give you a brief update on our PTA budget so far this year:

**Treasurer Update as of January 2014:**

To date, we have brought in about $9,000 of income from PTA Events & Fundraisers.

We needed to net $17,025 from our "income" fundraisers/events on our budget for the entire year.

The other $8,000+ needs to come from Spring Fling - $2,000, Spring Fundraiser - $2,000, Dinner Nights out - $1,200, Fun Run - $700, Manna - $1,500 and Box Tops - $875.

These will all have to make their projections or we go into the reserves to make up for all of them. Remember that it is only our best guess that this is how our community will be willing to spend their money on these fund raisers in this way for the next 5 months based on past history.

It's also worth noting that while the first half of the year’s fund raisers did ok, they did not all meet our expectations. Yankee came in about $1,200 over budget, memberships came in $116 over, but Square 1 Art came in $624 under.

The money we receive from fundraising pays for the events listed in the next page. We also have a few key members that will be leaving Cowlishaw after this year. Please consider an apprentice role so our students will continue to enjoy the benefits of events and programs. More information about the apprentice program below, please contact us if you are interested.

Hope you all have a great start to the New Year!

*Tisha & Denise*

*PTA Co-Presidents*
APPRENTICESHIPS AT COWLISHAW!!

Do you have a Kindergartener, 1st, 2nd or 3rd Grader?? If so, read on…

Over the years, the PTA has put together some great programs to benefit the students in our school.

Spirit Wear/Apparel
MANNA PROGRAM
TEACHER LUNCHEONS
Fundraising
Treasurer
SECRETARY

With the graduation of our 5th grade class this year and next year’s class, we have quite a few moms moving on which leaves open positions for some of the committees above. We are offering an apprentice program for the transition of these committees as we would like our future Cowlishaw students to continue to benefit from these events.

If so if you have a couple more years in Cowlishaw, please consider this opportunity. The time commitment is minimal and what you get for your time is an enhanced experienced at Cowlishaw for your child.

**If you are interested**, please contact Tisha Danehl @ tishadanehl@yahoo.com or (630.414.6077) and I can tell you more about it.

Without sponsorship of these programs, they may not happen.
Do you wonder how your PTA dues and funds are used?

- Reading Incentive Programs (1st, 2nd, 3rd, 4th, 5th)
- Ozzie Reading Club ($2,000)
- Science Fair
- Teacher Back to School Luncheon
- Student Field Trips ($6,000 our biggest expense)
- Movie Nights
- 5th Grade Farewell Party
- Art Awareness
- Teacher Luncheon Spring Conferences
- Staff Appreciation
- Halloween Party
- Spring Fling
- Environmental Committee
- Teacher Luncheon Fall Conferences
- Holiday Store
- Back to School Dance
- Teacher Requests for add'l classroom supplies ($4,600)

Without YOUR support, these events CANNOT happen. Please continue to support our fundraisers and events

(Check to see if you are a member today)

Email:: victoriaanne006@yahoo.com or kelly.cowan88@att.net
Dues: $14.00 per family

Thanks to the 18 families who contributed to the Koalas Helping Koalas donations. We collected $425 and were able to purchase 17 gift cards.

Ozzie And Six Flags Reading Programs Will Be Returning Soon!
Two popular reading incentive programs, Ozzie's Reading Club and Six Flags Read To Succeed, are both returning to Cowlishaw this year. Be on the lookout for more details, which will be provided through your child's teacher.

A FRIENDLY REMINDER...........

- Checks should be made out to Mary Lou Cowlishaw PTA.
- When turning out of the car line you can ONLY TURN RIGHT during school hours.
8/19/13 - Meet & Greet/Ice Cream Social - Gym & MPR
8/21/13 - Teachers Luncheon - MPR
8/27/13 - PTA Committee Breakfast @ Tisha’s 9:30 am
8/29/13 - PTA General Meeting - MPR
9/5 - 9/23 - Yankee Candle Fundraiser
9/19/13 - Curriculum Night - Cowlishaw
9/27/13 - PTA Movie Night - Gym & MPR
10/4/13 - PTA Fall Classroom Parties
10/24/13 - PTA General Meeting - MPR
10/25/13 - PTA Halloween Party (Yankee Candle Delivery)
11/13/13 - Teachers Luncheon
11/15/13 - Cultural Fair - Gym & MPR
12/12/13 - PTA General Meeting - MPR
12/20/13 - Winter Classroom Parties - Classrooms
1/17/14 - PTA Movie Night - Gym & MPR
2/6/14 - PTA General Meeting - MPR
2/21/14 - PTA Friendship Dance - Gym & MPR
3/13/14 - PTA General Meeting - MPR
3/28/14 - PTA Spring Classroom Parties
4/10/14 - Science Fair - MPR
4/17/14 - PTA General Meeting - MPR
5/2/14 - Cowlishaw Fun Run - Playground & Gym
5/5 - 5/9 - Teacher Appreciation Week
5/23/14 - Spring Fling - Gym & MPR
5/30/13 - Fifth Grade Farewell

**KEEP SAVING!!**

**SAVE** your **Box Tops** and **Soup Labels** for Education!

Did you know that General Mills estimates that $50,000 in Box Tops are thrown away each year?

Please clip or rip **Box Tops AND Campbell's** soup labels every chance you get to raise money for our school. Let’s not let that free money go to waste!
Cowlishaw PTA Movie Night presents...

Bring your blanket, pillow and join us for the fun!

When: Friday, January 17th

Doors open @ 6:30pm
Movie to Start at 6:50pm

Where: Cowlishaw Gym

Cost: PTA Members: **FREE**
Non-Members: $1 per person

Water, Chips and Candy will be available for purchase for **$1 each**.

***Please remember this is a family event. Parent supervision is required!***

Proudly brought to you by the PTA!
Did you get a **NEW** smartphone, tablet, or iPad over the holidays????

"Bring Your Own Technology" PTA Gently Used Device Collection!

Did you get a new smartphone, tablet, or iPod over the holidays? Wondering what to do with your old iPod, smartphone or tablet now that you have upgraded to a newer model? Donate those no-longer-needed items to the Cowlishaw PTA to be repurposed for educational uses for our classrooms!

iPods, smartphones and tablets have become very powerful in recent years and can now assist with many educational tasks. For example, they are great for research, watching educational videos, running educational apps and much more. And, with the implementation of the District's BYOT to school, this will help out a great many students and their teachers!

The PTA would like to take used iPods, smartphones, and tablets, connect them to Cowlishaw's wireless network, and make them available for teachers to use with their students in their classrooms for learning activities. Students will not be allowed to use these outside of their classrooms.

**What kinds of mobile devices does the PTA want?**

To be best used for educational purposes, we are glad to accept donations of any iOS or Android smartphone or tablet. Examples would include any iPhone, iPad, iPod, Motorola Droid, Motorola Xoom, HTC EVO, Samsung Galaxy, LG Optimus, Sony Xperia, or any other of the many Android phones and tablets. Android and iOS smartphones and tablets have hundreds of thousands of useful educational apps available.

**What should be donated with the device?**

The power adapter used to charge the device should be included. No other accessories are required, but we will gladly accept other items related to the device, such as cases, screen covers and such.

**Will old data be removed from the donated devices?**

If possible, we encourage you to do a factory reset to wipe all previous data and settings off of the item before you donate it. However, if need be, we can also do a factory reset to wipe all previous data and settings from the device so that it will be getting a fresh start.

**How should a device be donated?**

Put the device and power adapter, along with other accessories you are including, in a box or envelope marked "Cowlishaw PTA Tech Donation" on the outside. **Give the device to the PTSA by: Jan 31, 2014. Have your student drop it off at the Cowlishaw main office, where there will be a collection box.**

For more information about making a technology donation for the Cowlishaw BYOT, please contact Jeanette Fitzgerald at jifitzgerald4@yahoo.com or call 630/961-1746.

Thank you!
Manna Prepaid Cards Fundraiser

How would I use a Prepaid card?

- Pay for groceries at Jewel, Meijer, Target, Walmart, Whole Foods
- Pay for gas, clothes, movies, restaurants
- Pay for purchases instead of using cash or credit

Support the PTA by purchasing prepaid gift cards at face value from $5 to $100 each for restaurants, gas stations, grocery stores, etc. There is no extra cost to you. You receive the full amount of the prepaid gift card. We make a profit by buying them at a reduced price.

Please return the completed order form and a check for your order amount made payable to the Mary Lou Cowlishaw Elementary PTA in an envelope and return it to school with your child no later than the indicated date. Your cards can be picked up at my house on the date shown below, or if the box is marked on the sheet they will come home in backpack mail after that date. If needed, you can email me to make special arrangements.

Please note however that the Manna program and the PTA are not responsible for lost gift cards from your child’s backpack.

Manna Schedule for the Year

<table>
<thead>
<tr>
<th>Return completed orders by 3:30 pm on this date to school with your payment</th>
<th>Pick up cards at Jen &amp; Howard Phelan’s home, 816 Livingston Ct, on this date Between 5:00 pm – 7:00 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, January 17</td>
<td>Thursday, January 30</td>
</tr>
<tr>
<td>Friday, February 14</td>
<td>Monday, March 3</td>
</tr>
<tr>
<td>Friday, March 14</td>
<td>Thursday, March 27</td>
</tr>
<tr>
<td>Thursday, April 17</td>
<td>Thursday, May 1</td>
</tr>
<tr>
<td>Friday, May 9</td>
<td>Thursday, May 22</td>
</tr>
</tbody>
</table>

Manna order forms will be at the end of each Koala Talk for you to print. You can also obtain additional order forms at any time on the Cowlishaw website. From the Cowlishaw home page click on “PTA” on the left side of the screen. Then click on “Documents”. There you will find a current “Manna Order Form”.

For specific company information on the Manna Group, go to http://www.mannagroup.net/index.htm and click on “Vendor Guidelines”. If you can’t find a specific card, there are more card choices on their website. Please contact me to order one not on the list.

Thank you for your support!
Call or email with questions: Jen Phelan phelanjh@wideopenwest.com home 630-548-2518.
# Manna Prepaid Cards Fundraiser

**Child’s Name:**

**Email:**

Total check payable to Mary Lou Cowlishaw Elementary PTA: $

Phone #: 

* Please send checks, no cash.  

Coordinator: Jen Phelan phelanjh@wideopenwest.com

---

**TEACHER NAME:**

**PARENT/GUARDIAN SIGNATURE:**

---

**Please check one box below:**

I approve of Manna Gift Cards & Certificates to be sent home by BACKPACK Mail with my child. I take full responsibility. I will not hold Cowlishaw School or the Cowlishaw PTA accountable or liable for lost or stolen gift cards and certificates.

I will pick up cards from Jen Phelan’s house at 816 Livingston from 5-7pm Thursday on the specified date.

---

<table>
<thead>
<tr>
<th>QTY</th>
<th>GROCERIES</th>
<th>%</th>
<th>AMT</th>
<th>QTY</th>
<th>RESTAURANTS</th>
<th>%</th>
<th>AMT</th>
<th>QTY</th>
<th>RETAIL</th>
<th>%</th>
<th>AMT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Jewel Foods</td>
<td>5%</td>
<td>$25</td>
<td></td>
<td>Outback</td>
<td>9%</td>
<td>$25</td>
<td></td>
<td>Game Stop</td>
<td>4%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Jewel Foods</td>
<td>5%</td>
<td>$100</td>
<td></td>
<td>Panera</td>
<td>10%</td>
<td>$5</td>
<td></td>
<td>Gap / Old Navy</td>
<td>15%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Meijer</td>
<td>4%</td>
<td>$25</td>
<td></td>
<td>Pizza Hut</td>
<td>9%</td>
<td>$10</td>
<td></td>
<td>Gordman's</td>
<td>10%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Meijer</td>
<td>4%</td>
<td>$100</td>
<td></td>
<td>Panera</td>
<td>10%</td>
<td>$10</td>
<td></td>
<td>Gymboree</td>
<td>14%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Target</td>
<td>3%</td>
<td>$25</td>
<td></td>
<td>Red Robin</td>
<td>10%</td>
<td>$10</td>
<td></td>
<td>Home Depot</td>
<td>5%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Target</td>
<td>3%</td>
<td>$100</td>
<td></td>
<td>Red Robin</td>
<td>10%</td>
<td>$25</td>
<td></td>
<td>Home Depot</td>
<td>5%</td>
<td>$100</td>
</tr>
<tr>
<td></td>
<td>Walgreens</td>
<td>7%</td>
<td>$25</td>
<td></td>
<td>Restaurant.com</td>
<td>50%</td>
<td>$25</td>
<td></td>
<td>iTunes</td>
<td>4%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Walmart/Sam’s Club</td>
<td>4%</td>
<td>$5</td>
<td></td>
<td>Rockbottom</td>
<td>7%</td>
<td>$25</td>
<td></td>
<td>iTunes</td>
<td>4%</td>
<td>$15</td>
</tr>
<tr>
<td></td>
<td>Walmart/Sam’s Club</td>
<td>4%</td>
<td>$25</td>
<td></td>
<td>Starbucks</td>
<td>8%</td>
<td>$5</td>
<td></td>
<td>JCPenney</td>
<td>5%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Walmart/Sam’s Club</td>
<td>4%</td>
<td>$50</td>
<td></td>
<td>Starbucks</td>
<td>8%</td>
<td>$10</td>
<td></td>
<td>Kohl’s</td>
<td>5%</td>
<td>$25</td>
</tr>
<tr>
<td></td>
<td>Whole Foods</td>
<td>4%</td>
<td>$25</td>
<td></td>
<td>Starbucks</td>
<td>8%</td>
<td>$25</td>
<td></td>
<td>Lands End</td>
<td>15%</td>
<td>$25</td>
</tr>
</tbody>
</table>

**RESTAURANTS**

|     | Arby’s       | 9% | $10 |     | Subway      | 4% | $5  |     | Lowe’s     | 5% | $100|
|     | Boston Market| 14%| $10 |     | Subway      | 4% | $10 |     | Macy’s     | 10%| $25 |
|     | Buffalo Wild Wings | 8% | $25|     | Sweet Tomatoes | 9% | $25 |     | Menards    | 4% | $25 |
|     | Burger King  | 5% | $10 |     | Texas Roadhouse | 9% | $25 |     | Menards    | 4% | $100|
|     | Carrabba’s Italian Grill | 9% | $25|     | TGI Fridays | 9% | $25 |     | Payless    | 14%| $10 |
|     | Chili’s/On The Border | 12%| $25|     | Wendys     | 5% | $10 |     | Sears      | 5% | $25 |
|     | Chipotle Mexican Grill | 12%| $10|     |              |     |      |     | Shutterfly | 10%| $25 |
|     | Chuck E Cheese | 9% | $10|     | Ace Hardware | 5% | $25 |     | Sports Authority | 9% | $25 |
|     | Cold Stone Creamery | 10%| $10|     | Aeropostale | 9% | $25 |     | Talbots    | 10%| $25 |
|     | Cracker Barrel | 10%| $25|     | Amazon.com | 4% | $25 |     | The Children’s Place | 14%| $25 |
|     | Dairy Queen  | 5% | $10 |     | American Girl | 10%| $25 |     | TJMaxx/HomeGoods | 8% | $25 |
|     | Denny’s      | 8% | $10 |     | American Eagle | 10%| $25 |     | Toys R Us/Babies R Us | 4% | $20 |
|     | Domino’s Pizza | 9% | $10|     | Barnes & Noble | 10%| $10 |     | Ulta Cosmetics | 4% | $25 |
|     | Dunkin Donuts | 4% | $5 |     | Barnes & Noble | 10%| $10 |     | AMC       | 9% | $25 |
|     | Dunkin Donuts | 4% | $10|     | Bath & Body Works | 14%| $10 |     | Brunswick Zone | 9% | $10 |
|     | Egg Harbor   | 4% | $15|     | Bath & Body Works | 14%| $25 |     | Fandango  | 10%| $10 |
|     | Home Run Inn | 20%| $25|     | Bed Bath & Beyond | 7%| $25 |     | Mario Tricoci | 9% | $25 |
|     | IHOP Intl House of Pancakes | 9% | $25|     | Best Buy | 3% | $25 |     | Regal Entertainment | 10%| $25 |
|     | Lettuce Entertain You | 14%| $25|     | Best Buy | 3% | $100|     | Visa      | 3% | $50 |
|     | Lou Malnati’s Pizza | 8% | $25|     | Build A Bear Workshop | 9%| $25 |     | BP Amoco  | 2% | $50 |
|     | Macaroni Grill/Maggiano’s | 12%| $25|     | Burlington Coat Factory | 9%| $25 |     | Delta Sonic Car Wash | 20%| $16 |
|     | Mimi’s Café  | 10%| $25|     | Carson Pirie Scott | 10%| $25 |     | Mobil Exxon | 2% | $50 |
|     | Mrs. Field’s Cookies | 19% | $10|     | Claire’s Boutique | 10%| $10 |     | Shell     | 3% | $50 |
|     | Noodles & Company | 7% | $10|     | Crate & Barrel | 7% | $25 |     | Speedway  | 5% | $25 |
|     | Noodles & Company | 7% | $25|     | DSW       | 10%| $25 |     | Speedway  | 5% | $100|
|     | Oberweis    | 10%| $10|     | Dick’s Sporting Goods | 7%| $25 |     |          |     |      |
|     | Olive Garden/Red Lobster | 10%| $25|     | Fannie May | 25%| $20 |     |          |     |      |