

To: Brooks and Cowlshaw School Families

From: Quynh Harvey, Principal

Re: Glutein/Casein Free (GFCF) Meals

Date: April 26, 2010

Many families have inquired about the possibility of providing Gluten-Free Casein-Free lunch offerings in the elementary hot lunch program. The district would like to pilot this lunch program during the last weeks of the school year. The pilot schools will be Brooks and Cowlshaw.

Meals will be available exclusively to families who submit a physician's statement. These forms are available on Cowlshaw School's website. Forms will be available at the pilot schools Brooks and Cowlshaw for families who do not have access to a computer. Completed forms should be returned to these buildings, no later than May 5.

The tentative dates and menu items (unless notified otherwise) are as follows:

May 7, 21	Cheese Pizza
May 10, 26	Chicken Nuggets

Water will be provided for drinks as well as apple juice as an option. Fruits and vegetables will be available to students as part of the regular daily items offered.

If you have any questions regarding the meals, you can contact Susan Ladesic, Food Service Director, at (630) 428-6570.